



Townhall II

Integrated Health Network

2023

**ANNUAL
REPORT**

155 N. Water St., Kent, OH 44240

330-678-3006

330-678-HELP (4357)

About Us

Townhall II Integrated Health Network began as two separate grassroots entities – a crisis line housed on the Kent State University campus during the 1967-68 academic year, and a community-based, drop-in center conceived by a group of volunteers who wanted to provide immediate help to those in need and make a positive impact on the drug culture of the era. The two efforts combined and the organization was incorporated in 1971, providing Portage County, Ohio, with services focusing on drug education and emergency assistance in crisis situations, as well as medical diagnosis and treatment.

Over the years, Townhall II grew in response to community needs and expanded services to include substance use disorder (SUD) counseling, services for victims of traumatic crime and prevention programming. In 1997, Townhall II merged with Portage County Alcohol and Drug Abuse Services and increased SUD treatment programs, opened Horizon House, a halfway house for women in recovery from SUDs and a Project Detour, a driver intervention program for first-time offenders of driving under the influence.

More recently, Townhall II has opened a Medication-Assisted Treatment (MAT) Clinic that provides medications for opioid use disorder (MOUD) and alcohol dependency. We have also added peer support and case management services. Today, we continue to expand our services in response to community needs with our mission and vision statements guiding us.

Mission

Townhall II promotes a holistic approach to health, wellness and recovery by providing individuals, families and communities with prevention, education, advocacy, intervention and treatment services.

Vision

Townhall II commits to be the center of excellence for the Portage County community in providing integrated services, training and education to ensure its citizens have the support, resources and skills to achieve and sustain optimum health and wellness.

Core Values

Client centered

Best Practice

Compassion

Respect

Integrity

Quality

Team Leaders

Tamera Hunter - Chief Executive Officer

Barb Wensel - Chief Financial Officer

Rob Young, M. Ed., LICDC-CS – Director of Addiction Services

Lateace Lee, M.S.S.A., LISW-S – Director of Behavioral Health

Sarah McCully, OCPS – Prevention and Outreach Director

Maria H. Landry, MA, LPCC-S – Director of Crisis and Community Services

Stephanie Perdue, LSW – Director of Quality Improvement

Townhall II Board Members

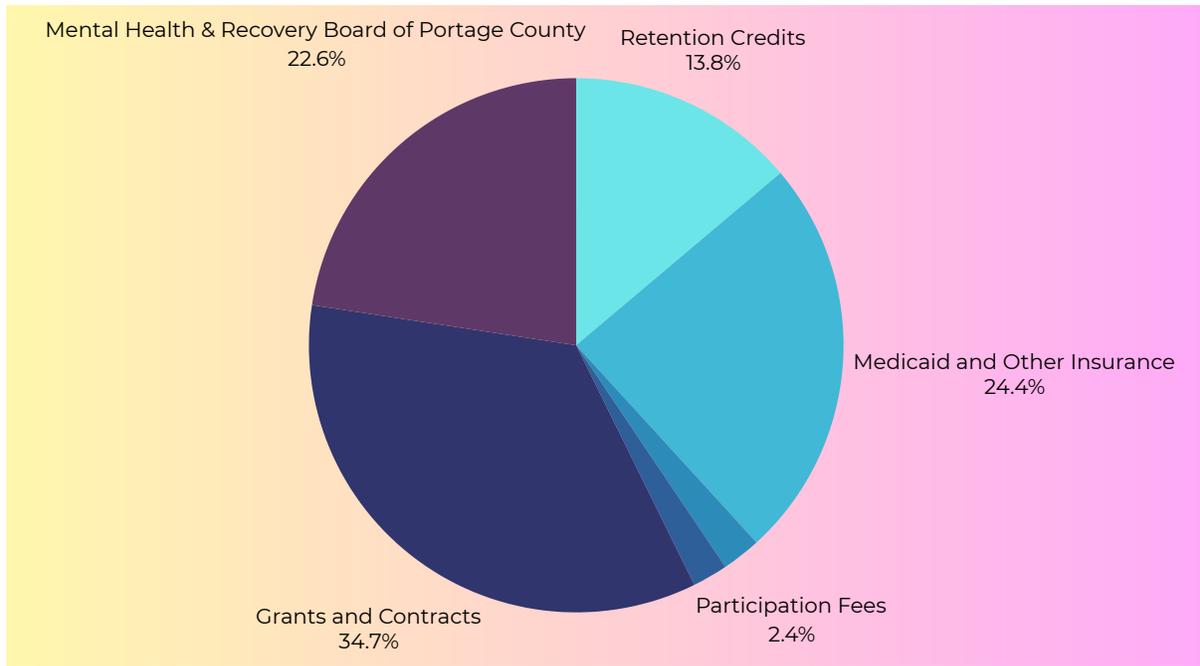
Townhall II Board Members

Townhall II Board
Lynne Maimone
Janet Rusnack
Richard Schaack
Paul Sellman III
Patrick Vitone
Cynthia Watson
Patricia Wagner
Monica Andress
Mark Beekman

Townhall II Foundation Board Members

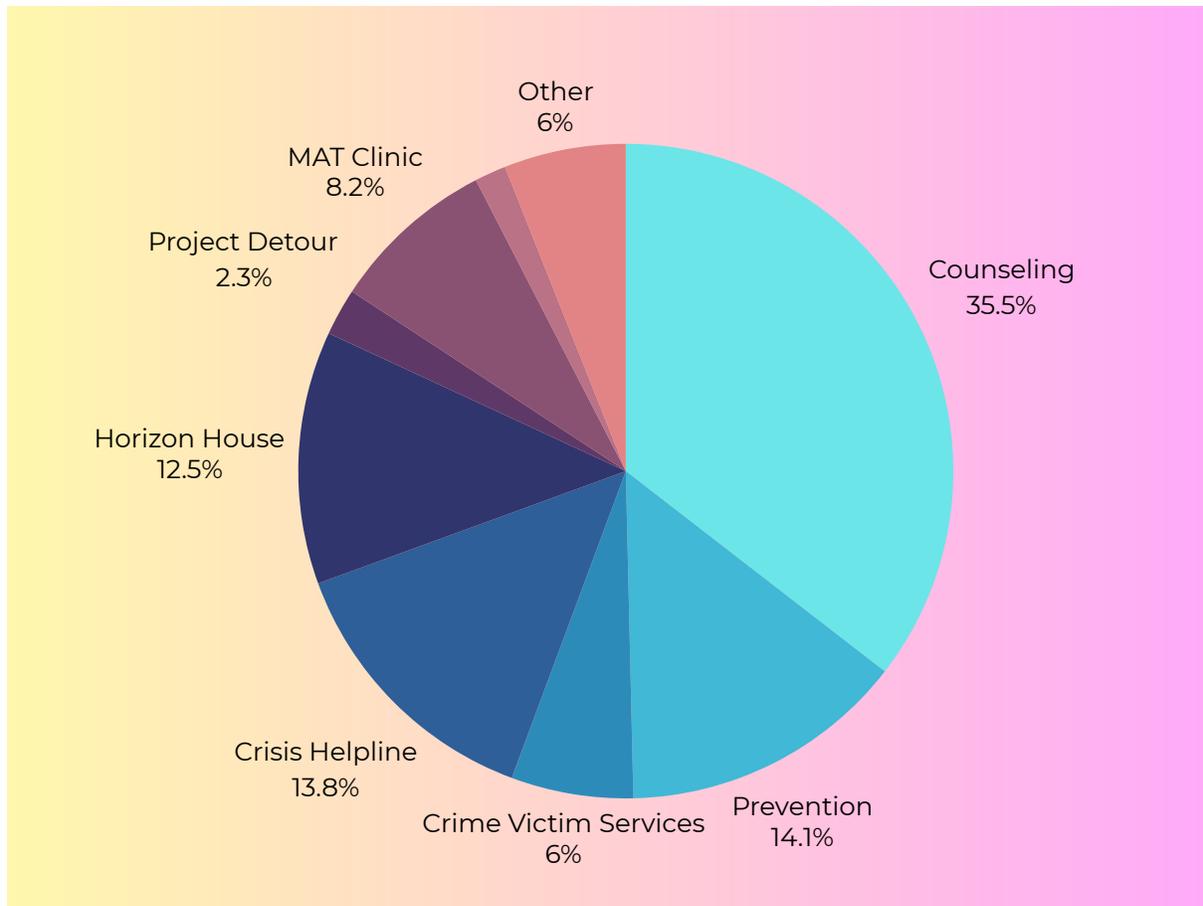
Karen Duffy
Gerard Antonucci
Tamera Hunter
Sue Whitehurst

Revenue



Fundraising and Charitable Monetary Contributions _____	\$37,977.66
In-Kind Services and Goods _____	\$60,728.75
Mental Health & Recovery Board of Portage County (MHRBPC) _____	\$1,111,978.60
Problem Gambling Grants and Contracts _____	\$48,302.36
Ohio Department of Mental Health & Addiction Services Gambling Grants _____	\$77,365.48
Alcohol Treatment Program Revenue _____	\$40,704.52
Drug Court Administration Revenue _____	\$9,000.00
Kent Social Services Funding _____	\$7,500.00
After Hours Contracts for Crisis Helpline _____	\$22,421.00
Juvenile Court Revenue _____	\$4,891.00
Management Fees _____	\$8,400.00
Client Fees _____	\$23,712.93
Project Detour: Driver Intervention Program Fees _____	\$96,879.52
Ohio Children’s Trust Fund Grant _____	\$53,625.13
Horizon House Grants _____	\$214,287.00
Criminal Justice Grant _____	\$24,186.50
State Opioid Response Grant _____	\$451,324.64
K-12 Grant _____	\$38,525.90
Ohio Department of Health Sexual Assault Prevention Grant _____	\$41,450.00
Victim of Crime Advocates/State Victims Assistance Advisory Board Grant _____	\$156,951.56
Rape Crisis Grant _____	\$114,959.00
Behavioral Wellness Grant _____	\$73,232.94
Alcohol Use Disorder Grant from MHRBPC _____	\$44,393.38
Alcohol Use Disorder Grant _____	\$44,947.7
988 Grants _____	\$296,345.71
Insurance Revenue _____	\$131,588.62
Medicaid Revenue _____	\$1,115,883.50
Miscellaneous Revenue _____	\$3,843.13
Interest Income _____	\$5,380.81
American Rescue Plan Act (Covid-19) Funds _____	\$47,178.50
Retention Credits _____	\$708,642.15
United Way _____	\$10,841.27
TOTAL REVENUE _____	\$5,127,449.27

Expenses



Counseling _____	\$1,611,326.06
Prevention _____	\$642,393.81
Crime Victim Services _____	\$273,771.17
Crisis Helpline _____	\$625,117.15
Horizon House _____	\$567,134.61
Project Detour _____	\$105,745.82
Medicine-Assisted Treatment Clinic _____	\$371,845.20
Case Management _____	\$70,466.14
Other _____	\$273,140.24
TOTAL EXPENSES _____	\$4,540,940.00

Program Highlights

Counseling

- 897 individuals were treated for alcohol and/or drug dependency.
- 246 individuals were treated for mental health issues.
- 276 Intensive Outpatient groups (IOP) were held. These groups are designed for people who don't need 24-hour supervision or medical detoxification, but still require more care than outpatient treatment can provide. These groups focus on developing and maintaining abstinence from alcohol and/or other drugs, increasing the client's understanding of addiction and how to effectively manage the disease and identifying strengths and barriers to recovery.
- 52 Continuing Care groups were held. These groups are maintenance groups that focus on monitoring and maintaining abstinence, addressing relapse issues as they occur, developing a relapse prevention plan, becoming more involved in support group meetings and developing a recovery lifestyle.
- 12 Integrated Dual Disorder Treatment (IDDT) groups were held. These groups are for people with co-occurring disorders of substance use disorder and a mental illness. The group builds structure and focuses on increasing and understanding both disorders and how they affect one another, developing and maintaining abstinence from all mood-altering substances, how to effectively manage both disorders and identifying strengths and barriers for dual recovery.
- 11 IDDT Relapse Prevention groups were held. For people who have been through IDDT, the focus of this group is monitoring and maintaining abstinence from all mood-altering substances, monitoring and maintaining consistent use of psychotropic medications as prescribed, developing a dual-recovery lifestyle, addressing any relapse issues as they occur, developing a relapse prevention plan, building a sober support system and practicing recovery tools.
- 11 Problem Gambling groups were held. For people who have been identified as having a gambling problem. The group focuses on understanding gambling addiction while building a network of peers to talk about individual struggles. It also helps people to identify and avoid gambling triggers and building a relapse prevention plan.
- 35 Connections groups were held. This group is geared towards the specialized dockets of the HOPE and RISE courts of Summit County. The group focuses on identifying shame triggers and expanding critical awareness while using a model promoting shame resiliency.

Crisis Helpline

- **1,917 Crisis Helpline calls were answered** in FY 2023. Among those, the top primary concerns regarded stress/adjustment, community referrals, grief/loss, mental health and requests for a crime victim advocate.
- 36 calls (1.8 percent) resulted in emergency services being notified and sent to a caller or person of concern.
- **379 calls came in to the 988 Suicide and Crisis Lifeline.** The top primary concerns of these calls were suicide ideation, or concern for another, stress/adjustment, relationship problems (not domestic violence) and mental health.
- 43 calls (11.3 percent) into the 988 number resulted in calling emergency services to send to the caller or a person of concern.

Horizon House

- Townhall II's residential treatment home for women hosted 47 clients. Of those, 68 percent successfully completed treatment. The national average is 43 percent (2021 TEDS data).

Prevention Education

- "Too Good for Drugs" is designed to mitigate risk factors and enhance protective factors related to alcohol, tobacco and other drug use. It was presented to 1,289 elementary to high school students at 10 local school districts.
- "Project Alert," addressing the pro-drug mindset of today's teens and increasing their likelihood to remain drug free, was presented to 530 middle school students at six local school districts.
- "Stand Up" teaches students to become aware of sexual assault, positive behavior skills that promote safe relationships, individual and self-respect, consent and active bystander interventions. It was presented to 1,401 students in middle school through high school at 12 local school districts.
- "Personal Body Safety" teaches students how to identify potential abuse, how to assert one's body rights, how to tell an adult when self-protection is not possible, and what to do if abuse is witnessed. It was presented to 1,183 kindergarten through elementary school students at 10 local school districts.
- "Problem Gambling" was presented to 343 high schools students at four local school districts.
- "Active Parenting" provides information on effective parenting for parents of children 5-12 years old. It was presented to 53 area parents/guardians/caregivers.
- "Parenting Wisely" aims to improve parenting skills, reduce adolescent behavior problems and enhance relationships between parents and teen children. Six area parents/guardians/caregivers took this class.
- Mothers in Recovery support group served 37 individuals.
- 23 community tabling events were attended and information was distributed. Events included Kent Fest, Garrettsville on Main, JFS Back to School, Al Lease Party in the Park, Balloon A Fair, Randolph Fair, Suffield Back to School, Crestwood Back to School, United Way Kickoff Drive In, PLC Back to School Blast, Streetsboro Trunk or Treat, Kent on Main Cookie Walk, Curriculum Night at KT Elementary, Waterloo Elementary Wellness Fair, BioMed Parent Night Shalersville, NAACP Event at Kent United Church of Christ, Skeels Community Health Fair, Bowl Against Abuse, Unmute the Uncomfortable Event at NEOMED, Literacy Under teh Lights Ravenna, BrightView Block Party Kent, Kent South End Community Health Fair.

Medicine-Assisted Treatment Clinic

- 40 ongoing patients served

Rape Crisis Center

- The Portage County Rape Crisis Center served 564 individuals in fiscal year 2023.

Victim of Crime Advocacy

Townhall II is Portage County's Rape Crisis Center and provides services to victims of crime. Services include a 24-hour Crisis Helpline (330-678-HELP), in-person advocacy and support, and free and confidential counseling by counselors trained in working with survivors dealing with trauma, anxiety, depression and stress.

During FY23, the Rape Crisis Center served 75 survivors. Victimitations included past and current child physical/sexual assault and neglect, domestic violence, adult sexual assault/rape, elder abuse, sexual harassment, robbery, stalking and adult physical assault.

Supporters and Accreditation

Townhall II Integrated Health Network would not be capable of doing the work we do without the support and accreditation of the agencies listed here. It is with their financial support and guidance that our work in the community continues. We also graciously thank the many charitable contributions made by local companies and individuals who value our work and support our mission.



United Way
of Portage County

