



Here's to 3 Years!

It's the Townahller's 3 year anniversary. Thank you for everyone who has been supporting us at Townhall II, reading our newsletters, and spreading them throughout the county! We appreciate your support!

"When we strive to become better than we are, everything around us becomes better too."

Paulo Coelho



DENIM DAY 2023

The Denim Day quilt has been assembled! It was so much fun to arrange and piece together the wonderful artwork created by the Denim Day Event participants. We look forward to displaying this quilt as a reminder of both the event and the important day it represents. Each word on this quilt is a reminder of how many people support and believe survivors. You are not alone!

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New FREE Support Group Offered here at Townhall II!



Starting this June, please join us for the newest victim advocacy support group here at Townhall II: **The Rainbow After the Rain**. The Rainbow After the Rain is an LGBTQIA+ support group whose mission is to redefine joy after experiencing trauma. You may already know what the concept of “coming out” is, but did you know that a queer person often comes out numerous times throughout their life?

Think about it, job interviews, medical appointments, just simply meeting new people, LGBTQIA+ individuals will often find themselves having to reintroduce a very personal part of themselves and then must be at the mercy of parties that may not always be receptive of that. This unreceptiveness can show itself in name calling, slurs, threats, or even physical violence to name a few—and that is just only one example of possible queer trauma. LGBTQIA+ people also experience non-queer related traumas of course, and the hope of this group is that it can become a safe place to discuss these traumatic experiences and not have to worry of possibly being judged just for simply being who they are.

With that said, are you an ally just wanting to attend to learn or even participate in the group’s theme of redefining joy? Not quite sure of your gender or your sexuality? You’re just as welcome in this space. The rain may symbolize the traumas LGTBQIA+ people are exposed to for simply just being LGBTQIA+ in a heteronormative society, but any experienced trauma still falls under the cloud’s umbrella.

Anyone 18+ is welcome to attend this group every Thursday 6pm – 7:30pm at 155 North Water Street in Kent in the upstairs meeting room. If you have any questions please contact Mallen at malleng@townhall2.com.

KUDOS KORNER

Kudos to Chip Lagore! Chip is our new facilities manager who has gone out of his way to help others at the agency. From deep cleaning our carpets, to helping move materials to different buildings, to hanging up new items in offices, and doing it all with a smile! Thank you! – Amanda P. & Tiffany R.

Kudos to Sarah Denison! Sarah has been an amazing addition to the prevention team! She has been extremely helpful with willing to cover anyone's classes or programing without hesitation. Thank you, Sarah, for your dedication and for helping our team succeed! – Sarah G.



HAPPENINGS OF THE MONTH

June 18th

Father's Day

1972 is the official start date of Father's Day when Nixon signed it into law. Dad's play an important role in our lives.

Thanks to all the Dad's out there with human babies and fur babies! Celebrate yourselves today!



June 19th

Juneteenth

Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States.

Ways to Celebrate:

- At work: Discuss company diversity initiatives and ensure employees that race and gender will never be barriers to their progress within the company.
- In the Community: Identify individuals to receive community service awards. Check out more ideas [here](#).

June 25th

National Strawberry Parfait Day

Did you know that parfait is French for perfect? It's perfect timing for some Strawberries as it is peak season! Grab some strawberries at a local market and make a parfait at home!



EMPLOYEE SPOTLIGHT

Start Date: August 2021

Current Title: Mental Health Counselor

Previous Job Titles at Townhall II: Mental Health Counseling Intern

Background into the field: "I have been fortunate that 100% of my experience in counseling has been with Townhall II. I changed careers and went back to school to become a counselor after many years in another field, and began working with Townhall II in 2020 for my practicum experience. That transitioned into internship, and I was hired to work part-time after graduation. I still feel very "new", so I ask a lot of questions and seek out more education on new approaches to best help my clients. I hope to become EMDR certified to offer another approach specifically to address trauma."

Fun fact about Valerie: She has ran 6 full marathons and recently started taking Taekwondo classes.

Valerie's favorite quote: "The most important story you'll ever tell is about yourself, to yourself."



Valerie Browning

NEW STAFF

Rebecca Roberts

Child Violence Prevention
Specialist

Ravnit Mangat

Crisis Intervention Specialist



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