

TOWNHALLER

Your Monthly Townhall II Newsletter

Townhall II's 50th Anniversary Celebration!

On the evening of May 20th, Townhall II celebrated its 50th Anniversary with an evening dinner, presentations, and awards at Northeast Ohio Medical Center. It was wonderful to see so many community members celebrate with us!

We are excited to highlight the winners of the awards presented!

What's New in this Issue:

Peer Support • P3

Happenings of the Month • P4

Coffee Sleeve Campaign • P5

Staff Spotlight • P6

New Staff • P6



Sue Whitehurst Award: Sarah McCully

Sarah is always open to new ways we can support our community members and is always thinking of others. We appreciate everything you do!

Sue Reeves Award: Lateace Lee

Anyone who knew Sue Reeves knows that her commitment and passion not only for clients of Townhall II but her entire team, was the driving force in so many people's lives. Lateace carries on that same commitment and passion in everything she does. Townhall II is so lucky to have her! We couldn't think of a better first recipient of this award!



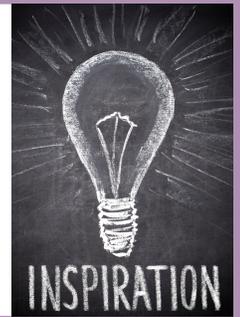


**School District of the Year Award:
James A Garfield**

James A Garfield understands and appreciates the prevention work implementing in all three schools. They have been an outstanding school district to work with and you can easily see how much they care for their students.

Inspiration Award: Jhordan

Jhordan's story brings inspiration and encouragement to those on the road to recovery!



Community Advocate of the Year Award: Karyn Kravetz

Karyn puts in hard work to bring awareness, information, services and collaboration to Portage County. She has brought immeasurable benefits to the entire community.

**Business Partner of the Year:
Mental Health and Recovery Board of
Portage County**

The dedication to the health and wellness of this community does not go unnoticed!



Peer Support at Townhall II

As a Peer Recovery Supporter (PRS) at Townhall II, I'm frequently asked **“What does that mean?”** or **“What do you do?”**

Let me break it down: What it means to be a PRS is I have personal lived experience in both addiction and recovery. I have taken specialized courses focused on peer support, as well as weekly guidance from a supervisor.

“What that means” is...

- **I discuss the barriers that are holding a peer back from obtaining their goals.**
- **I offer support, encouragement, and facilitate resources to my peer who is finding their own way into recovery.**
- **I cheer the peer on as they start to contemplate changing their lifestyle and way of thinking.**
- **I offer emotional support and introduce them to connections in the community that are recovery-based.**
- **If a peer is struggling with finding employment or housing, I have resources that I share with them and offer to help them navigate through those processes.**

PRS is just one of many tools to help bridge the gap between addiction to recovery. To be able to help build trust and confidence in a peer who has not felt those things in quite sometime due to their “using” is extremely rewarding for me.

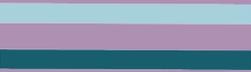
- Kristen Green-McElhiney -

Happenings this Month

June 15th: World Elder Abuse Awareness Day

It can be hard to imagine that anyone would deliberately want to harm an elderly person, but unfortunately elder abuse is a widespread problem. Help spread the word for World Elder Abuse Awareness Day!

June 19th:

Happy 
FATHER'S
 Day

June 21st: Summer Solstice

Happy Summer Solstice! This solstice marks the official beginning of summer. The Summer Solstice is the day with the longest period of sunlight. It's time to enjoy the start of summer.

June 25th: Global Beatles Day

The date June 25th, was chosen to commemorate the date The Beatles participated in the BBC program Our World in 1967, performing "All You Need Is Love" broadcast to an international audience.

June 27th: PTSD Awareness Day

This is a day to talk about Post Traumatic Stress Disorder (PTSD), a complex disorder caused by experiencing or witnessing trauma. The trauma necessary to cause PTSD can originate from many events: potentially an accident, combat, a natural disaster, or an assault, but there are other ways PTSD symptoms can arise.

This day is important because PTSD is a widespread illness. With knowledge of the disorder, we can make the lives of these individuals less stressful, and better support them in their recovery.

A Cup of Support for Sexual Assault Awareness Month

To bring awareness around Sexual Assault Awareness Month (April), Townhall II's Victim of Crime Services delivered up a coffee sleeve campaign.

Coffee sleeves were designed with Townhall II's logo and crime victim service information. Our team contacted coffee shops throughout the county to see who might be interested in participating in this campaign. We would like to give our sincere thanks and a huge shout out to for distributing our informational coffee sleeves and supporting Sexual Assault Awareness Month activities!



- **Bean and the Baker**
- **Cellar Door Coffee Co**
- **Tree City Coffee & Pastry**
- **The Human Bean**
- **Food 4 Thought Cafe**
- **Scribbles Coffee Co.**

Because of their commitment to the community, we were able to distribute all 500 of our coffee sleeves and will definitely be increasing our order for next year!

If you get a chance, check out these coffee shops and show them your support!



Staff Spotlight

David Stanek



Start Date: 2018

Current Title: IT Manager

Previous Job Titles at Townhall II: Systems Specialist

Background into the field: "I graduated with an associate degree in computer programming in 1985 and then was introduced to computer networks where I learned how to setup pc's, laptops and file servers. My passion changed from computer programming to computer networks very quickly as there was more of a need for people that had the knowledge of how computer networks worked. Most of my adult career was spent in Computer Network Management."

Fun fact about Dave: He is an avid outdoors person. His passions away from work are camping, hunting, fishing, golf, hiking, traveling.

Something Dave Says Often: "No problem" or "You bet."

NEW STAFF

Lisa Regal

MAT Clinic Nurse

Katherine Griffith

Residential Aide at Horizon
House

A neon sign with the word "Welcome" in a cursive, glowing blue font. Below the text is a horizontal green neon line that curves upwards at the right end. The sign is set against a dark brick wall background.



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