

How is HIV transmitted?

It is spread by blood, semen, vaginal fluids, and/or breast milk getting from an infected person into another body. This frequently happens through:

- Unprotected sexual contact (vaginal, oral, anal) with an infected person
- Sharing needles for injectable drug use, tattooing, or piercing with an infected person
- From a mother infected with HIV to her baby through pregnancy or breast feeding

Who should have an HIV test?

Anyone who has had unprotected sex (any kind) or shared needles (any kind) with someone whose HIV status is not known.

Tests are **free** (donations are welcome).

Oral tests are used (no needles) Testing takes about 40 minutes, with a result given at the end.

How can you protect yourself?

Be abstinent. Abstinence is 100% safe. This means no vaginal, oral or anal sexual intercourse.

Be monogamous. That means to have sex only with one partner who is only having sex with you, and who is not infected with HIV, and is not sharing needles.

Use a condom, female condom, dental dam, or other protection for every sexual activity including vaginal, oral, and anal sexual intercourse.

Do not share needles for drug use, tattoos, or piercing.

Get tested if you have had risky activities.

HIV infection has no cure, but there are many treatments for it.

Talk to someone about testing if:

- You need help learning how to protect yourself
- You want to learn successful ways to discuss postponing sexual activities, or to discuss using safer sex activities with your partner(s)
- You need to gain access to condoms and other supplies and learn how to use them
- You are worried about your risks and behaviors (past and present)
- You want to decide if an HIV test is right for you

Where to get information about HIV/AIDS and testing in Portage County

Townhall II
155 N. Water St
Kent, OH 44240
330.678.3006
ask for Kat

Planned Parenthood
152 E. Main St.
Kent, OH 44240
330.678.8011

209 S. Chestnut St
Ravenna, OH 44266
330.296.7526



For more information on
Townhall II services:
155 N Water Street
Kent, OH 44240

330.678.3006 (business line)
330.678.7558 (fax line)
866.449.8518 (toll free)
330.678.4357 (Helpline/TTY)
www.townhall2.com

Townhall II offers equal employment and service opportunities and does not discriminate based on race, color, religion, sex, sexual orientation, national origin, age, disability, or veteran status.



Hotlines

Townhall II
24 hour Helpline for
HIV information and other
testing referrals
Voice/TTY
330.678.HELP (4357)
866.449.8518 (toll free)

Akron AIDS hotline
330.375.AIDS (2437)

Ohio AIDS hotline
800.332.AIDS (2437)
TDD 800.332.3889

National AIDS hotline
800.342.AIDS (2437)

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HIV
Testing
Townhall II

***Do you know
your HIV
status?
Do you need an
HIV test?***